

Testimonials from the Ultimate Intimacy Retreat

What a phenomenal experience had by all. Jacquie Hermans and I are blessed to have shared the weekend with wonderful couples dedicated to growing and strengthening their marriage. Here are some of the comments:

“This has been an amazing experience for both of us. Karen and Jacquie – you eased us into our personal place very gently and then gave us the tools to help us open up to our partner. Terrific!” *C.Bulger*

“A wonderful, reconnecting and relaxing weekend with my spouse during which we both learned about each other’s personality types and how to deal with issues that may arise from our different viewpoints.”

“The discussion about dealing with your “stuff” was excellent! I think it will help me to be a better person for myself and a better partner for my spouse. The strategies and suggestions were great!”

“I learned that I am what I am as a predestined core type 2 on the Enneagram. How important it is to be with people of like mind. You can have a partner for life, if you want to work together. A perfect get away spot.”

“I learned that all actions have consequences and I must take responsibility for my “stuff”. I gained a deeper understanding of my partner’s needs and know that I need to act on them whether they align with my needs or not. All in all, as fabulous weekend, I learned and grew A LOT this weekend. You ladies are wonderful.” *J.Large*

“The icebreakers or games which we learned were such a valuable tool not only for me, but for my spouse as well. We are going to use this as fun time with our daughter so she can learn from us that life is full of fun and that she has some pretty cool parents! Thank you. The choice of accommodations was perfect. Very relaxing and laid back. It was a perfect combination of work and free-time!” *K.Large*

“The retreat was a fantastic experience in growing and nurturing our relationship. Jacquie and Karen were excellent at providing the perfect components in understanding you and your partners core communication and personality style. If you want to bring your relationship to the next level and ignite the passion in your partner and yourself, then this retreat is a must. Thank you Jacquie and Karen” *M.Woodbeck*

“I learned a deeper understanding of relationship conflict – to look at it from a different viewpoint. I learned some great strategies to understand and resolve conflict. I learned

more about myself and my spouses way of thinking and reacting to situations. I learned methods for building a great relationship” *J.Graham*

“I found that Karen and Jacquie were very knowledgeable and passionate about helping and inspiring growth in others. They provided a very safe, loving environment where I had room to explore, get out of my box to unleash my creativity. I feel more inspired towards continuing my personal journey and to find ways that I can support my husband on his personal journey. By doing this, I believe we will find more love and strength for each other in our journey together. Thank you.” *E. Stevens Graham*

“What a wonderful, intimate and enlightening weekend. The topics were great, the accommodations were fantastic and Karen and Jacquie were inspirational. They are truly great loving souls, with a gift to help and heal others. Through the Enneagram, I discovered not only my own core issues and focus but the core issues that were significant to my husband. Through our own self-discovery, we were able to come together as a couple and rediscover and rekindle our relationship in an open “heart level!” *J.Woodbeck*